



for hardcore cyclists

Avignon – Nice Bike Tour

Date: May-October | **Duration:** 7 days / 6 nights | **Start:** Nice, Lyon or Geneva | **End:** Nice, Lyon or Milan



Mont Ventoux

Highlights of your tour

- Best of Provence - pretty little villages, stunning gorges, endless lavender fields and vineyards
- Climb one of the Tour de France legends - **Mont Ventoux**
- Enjoy lovely ride along the **Mediterranean sea** from **Cannes to Nice**
- Ride leader, SAG van, transportation, accommodations, meals – simply enjoy your All-inclusive Private tour and rely on professionals of HC Bike Tours
- Stay in cosy hotels and spoil yourself with amazing meals
- The tour is suitable for all cyclists, you don't have to be a super fit to complete the tour. All daily rides can be shortened by a van transfer. You are welcome to ride on your own pace and as much you wish
- Accomplish in total 460+ miles / 750+ km

Price – on request*

**The price depends on a group size, service level, and trip duration. Usually we host groups of 2-14 travelers.*

Extras:

Rental bike (carbon frame, Shimano Ultegra, compact or triple cranks) – on request
High-end rental bikes - on request

What's included:

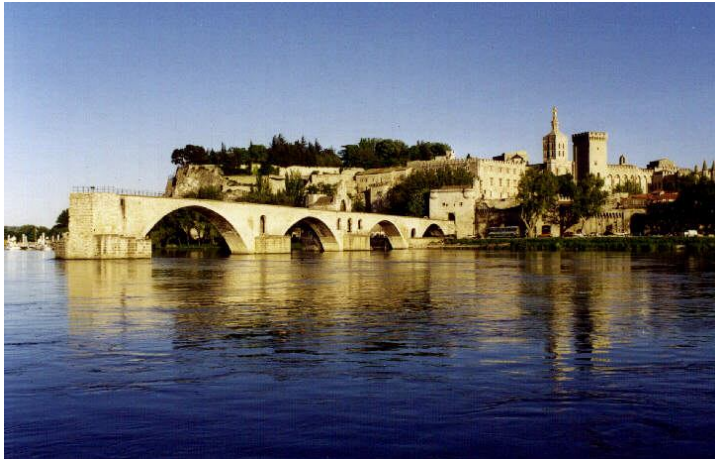
7 days / 6 nights All-inclusive tour
All transfers and ground transportation
All luggage transportation
All accommodation fees (3-4 star hotels)
All breakfasts
All dinners
On-road supplements including fresh fruit, snacks, energy bars and drinks
SAG van during the ride and professional Ride Guide
Services of our English speaking staff including mechanic assistance
Complimentary welcome pack including two water bottles and maps for the tours
Pre-tour training and holiday preparation advice
Non-riders take the daily rides with the riders in the van and enjoy beauty of the magnificent mountains

What's not included:

Airfare
Travel and personal insurance (recommended)
Additional hotel expenses, i.e. phone charges, mini-bar, drinks, gratuities, laundry
Lunches (on-road supplements are included)
Rental bike (available for an additional fee)

Day 1

 ROUTE <p>Pick up at the airport or you choose a meeting place. ~2 hours' drive to Avignon. If possible, you will ride the warm-up loop to a small range of mountains the Chaîne des Alpilles in the afternoon.</p>  Strava map http://www.strava.com/routes/1236878	 ACCOMONDATION <p>3-4 star hotel in Avignon area</p>	 ACCOMPLISHED <p>Distance 50 miles Elevation gain 2500 ft</p>
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Avignon







Pont du Gard - the Roman aqueduct bridge

Day 2

 ROUTE <p>Ride along Rhone River to Pont du Gard. Next on the agenda are the wine-growing regions of Tavel.</p>  Strava map http://www.strava.com/routes/1235642	 ACCOMONDATION <p>3-4 star hotel in Avignon area</p>	 ACCOMPLISHED <p>Distance 50 miles Elevation gain 3200 ft</p>
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Day 3

 ROUTE <p>Ride through the neat little town of Carpentras. Afterwards, you will ride the legendary Tour de France climb - Mont Ventoux. The scent of lavender will guide you to serene village Sault.</p>  Strava map http://www.strava.com/routes/1235718	 ACCOMONDATION <p>3-4 star hotel in Sault area</p>	 ACCOMPLISHED <p>Distance 60 miles Elevation gain 6500 ft</p>
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Lavender fields around the village of Banon







Gorge du Verdon





Day 4

 <p>ROUTE</p> <p>A stunning ride through the regional Luberon Natural Park of Provence. The gorges, pretty French villages and lavender fields will certainly stand out today. By the time you roll into Forcalquier, you may be well satiated.</p>  Strava map http://www.strava.com/routes/1235778	 <p>ACCOMONDATION</p> <p>3-4 star hotel in Forcalquier area</p>	 <p>ACCOMPLISHED</p> <p>Distance 110 miles Elevation gain 8500 ft</p>
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Day 5

 <p>ROUTE</p> <p>Today, you will enter the alpine Provence. You will ride via the incredible Gorge du Verdon (one of Europe's most gorgeous gorges) and its famous scenic road the Route des Cretes. It's the strikingly beautiful natural park of Verdon.</p>  Strava map http://www.strava.com/routes/1235881	 <p>ACCOMONDATION</p> <p>3-4 star hotel in Castellane area</p>	 <p>ACCOMPLISHED</p> <p>Distance 80 miles Elevation gain 6000 ft</p>
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Day 6

 <p>ROUTE</p> <p>You will cross Col de Bleine and ride via the beautiful Gorges du Loup, but nothing can beat the breathtaking view over the Mediterranean Sea as you head south. You will ride from Cannes till Nice along the sea.</p>  Strava map http://www.strava.com/routes/1235926	 <p>ACCOMONDATION</p> <p>3-4 star hotel in Nice area</p>	 <p>ACCOMPLISHED</p> <p>Distance 95 miles Elevation gain 8500 ft</p>
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Col de Turini

Day 7

 <p>ROUTE</p> <p>We recommend to extend your trip to Europe staying in Nice few days more after completing the HC Bike Tours' tour. If you stay in Nice, we will be glad to guide you into the Alpes Maritimes on our last day. You will climb stunning Col d'Eze and will be able to overlook Nice and Monaco from there. From there, the route goes to north over Col de Castillon and Col de Turini. The Turini is famous for a stage of the Monte Carlo Rally. After the ride, we will help you to pack your bike and off you go. If you leave Nice on Day 7, we will provide transportation to the airport.</p>  <p>Strava map http://www.strava.com/routes/1236080</p>	 <p>ACCOMONDATION</p> <p>-----</p>	 <p>ACCOMPLISHED</p> <p>Distance 85 miles Elevation gain 12 000 ft</p>
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It's up to you to shorten rides or even ride more. Your trip, you choose.

Contact us to reserve your tour!

Proposal prepared by:

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